

Managing a Dental Injury

- Don't panic!
- If the injured person has had been knocked out or feels sick or dizzy, it is more important to check for a head injury. Please go to the emergency department at the nearest hospital.
- If the injured person does not have a headache, has not vomited or been knocked out, contact your dentist immediately for further advice.
- The type of injury will dictate what treatment you require.
- If the tooth has been knocked out, either try to place it back in the socket or keep it in your mouth. If this is not possible put it in a cup of milk. Do not let it dry out.
- If a fragment of tooth has fractured off, keep it if you still have it. It is still important to see a dentist as soon as possible as the type of injury and treatment as well as the age of the injured person will have a significant outcome on the prognosis of the tooth.
- DO NOT try to clean the tooth at all unless you are going to try to put it back in.
- NEVER scrub the tooth, just run it under a cold tap.
- If you have been able to put the tooth back in, stabilise it by folding some thin foil over it and the neighbouring teeth.